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Ottawa, re-imagined

The curtain is finally lifted from two competing visions to transform LeBreton Flats

CAPITAL IDEAS

1. What you need to know about the proposals
2. What people are saying about them
3. What else is planned for the city

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Ottawa RE-IMAGINED

Let the bidding wars begin

LeBreton Flats proposals, revealed Tuesday, would transform Ottawa as we know it

1 An aerial image of **the LeBreton ReImagined design**

2 **The central library**, designed to look like an open book

3 **A flowy-looking skate park** to attract pro and amateur boarders

4 **An amphitheatre** along the Canadian War Museum Commons

5 **The Canadensis Walk** would span the entire development

ALL PHOTOS FROM DEVCORE CANDEREL DLS GROUP'S PROPOSAL

Michael Woods
Metro | Ottawa

The competing plans for LeBreton Flats would transform the city's waterfront, redefine the downtown core and represent Ottawa's most ambitious redevelopment project in a generation.

The two bids — one backed by the Ottawa Senators, the other by Quebec billionaires — were revealed to the public Tuesday at the Canadian War Museum after months of anticipation.

Both feature NHL-calibre arenas, other institutions, a variety of residential and commercial units and public spaces. They both use the full 23 hectares of available land, which has sat vacant for decades. Mayor Jim Watson called them "innovative and inspiring."

RendezVous LeBreton Group, which includes the Ottawa Senators and Trinity Development Group, calls theirs Illumination LeBreton.

Their rival bidders Devcore Canderel DLS Group, backed by Quebec billionaires André Desmarais and Guy Laliberté, the founder of Cirque to Soleil, went with LeBreton ReImagined.

"We will be creating a unique live-work-play community the likes of which this city has never seen," said Daniel Peritz, vice-president of Canderel. The same could be said for the other proposal.

Financial details of the proposals remain under wraps, but both proposals would surely run into the billions of dollars.

Both groups also said they would like to buy the land outright from the NCC, rather than lease it.

The Senators are the linchpin of the competition. Devcore Canderel DLS Group doesn't own the team, but wants to build an arena anyway.

"Our intention is to, if we win the bid, have discussions with (Senators owner Eugene) Melnyk … with respect to the Senators moving downtown," Peritz said.

That's not going to happen, Melnyk reiterated Tuesday.

"I don't have any intention of selling the team at any price," he said. "I don't have any intention of moving into somebody else's place." Asked what he made of the other bid including an NHL rink intended for the Senators: "I have no idea what they're doing."

"I can see why someone would try to use this nation-building exercise to get into the hockey business," added Senators president Cyril Leeder. "Most of us on this team are already in the hockey business."

Melnyk said the Senators could be playing games downtown by 2021 if they win the bid.

Illumination LeBreton, the Senators' bid, would include a "Major Event Centre" with an 18,000-seat capacity.

It would also include a Sensplex housing two NHL-sized hockey rinks, along with an Abilities Centre, a possible national training centre for Paralympic athletes that would become the city's largest sports facility.

The site would feature five distinct neighbourhoods and 11 distinctive public spaces.

The RendezVous LeBreton proposal also includes an option for a central library at Booth and Albert streets, just east of the LeBreton lands.

NCC chief executive Mark Kristmanson commended the two teams for their "passion and commitment," and called the proposals "substantive and detailed."

Visitors to the Canadian War Museum on Wednesday can see the two proposals Wednesday from 8 a.m. to 9:30 p.m.

The NCC is accepting online feedback until Feb. 8 at midnight.

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1 Illumination LeBreton would feature five distinct, interconnected, neighbourhood connected by various pedestrian pathways.

2 The centrepiece of the bid is an 18,000-seat "Major Event Centre," which would host Senators games, concerts and other events.

3 The proposal would also incorporate a new central library on lands adjacent to LeBreton Flats at Booth and Albert streets, designed by renowned architects KPMB.

4 An aqueduct, seen here looking west toward the arena, would be lined with boardwalks and retail spaces, converting to a skating rink in the winter.

5 An Innovation Promenade would feature interactive displays from the Canada Museum of Science and Technology.

PHOTOS COURTESY RENDEZVOUS LEBRETON GROUP

Locals react to LeBreton proposals

What do you think of the LeBreton Re-Imagined proposal?

What struck me about the second one (DLS Group) is the cultural themes. Not saying it couldn't go in the other design, somehow, but they had that interesting cultural flair.

Chris Walkinshaw, Ottawa resident

I love that one. It may be just how they've done their drawings and everything, but it's really exciting. It's a place I would live. I would move in a minute. It's got everything I would like to see. It's got small shops, not the big-box stores. It looks like it's got the market, it's got the Y, it's got a library.

Judy Feldman, Ottawa resident

What do you think of the RendezVous LeBreton Group proposal?

I definitely preferred it over the other one. It felt a lot more like Ottawa — it felt more like home.

Carrie Barlow, Ottawa

I'm not a fan. It's not community-focused ... it's kind of hyper-commercial.

Riyadh Nazerally, Centretown resident

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LEBRETON FLATS

'I think I really want to digest it'

Lucy Scholey
Metro | Ottawa

It's too soon to say which proposal is the best option for LeBreton Flats, according to the neighbourhood's community association.

Michael Powell, president of the Dalhousie Community Association, was among hundreds who packed into the Canadian War Museum on Tuesday for a first-hand look at the two flashy designs for the 21.6 hectares of land.

Devcore Canderel DLS Group — which is backed by Cirque du Soleil founder Guy Laliberte and Quebec billionaire Andre Desmarais, among others — and Ottawa Senators group Rendez Vous LeBreton are proposing an NHL-calibre arena and central library.

"I think I really want to digest it. There's a lot in here and we're looking at 20 or 30 years," said Powell. "One thing that we've seen of other proposals of this scale is they tend to evolve over time, as well."

Before the great fire of 1900, LeBreton Flats was a bustling, vibrant community. It's the people who make it that way, noted Powell. One thing he'll be watching out for is how well the development integrates with the adjacent neighbourhoods.

Ottawa Mayor Jim Watson had a second look at the designs on Tuesday, after an earlier briefing this week. He said both look promising for that vacant land. "I'm going to be a bit like Switzerland and remain neutral and let the public have their say," he said.

The city will be working closely on the file with the National Capital Commission.

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Transformation in the pipeline

UPCOMING PROJECTS

From falls to the Hill, capital facing a big urban overhaul

Premier Kathleen Wynne and Mayor Jim Watson tour the Confederation Line light rail transit tunnel in downtown Ottawa in August 2014. It is just one of several major that will change the look of Ottawa over the next 10 to 15 years. SEAN KILPATRICK/THE CANADIAN PRESS

Canadian cities are no strangers to boneheaded urban planning decisions — the Gardiner Expressway blocking access to Toronto's waterfront, Montreal's crumbling Turcot interchange, space-sucking viaducts in Vancouver.

But imagine hiding a magnificent waterfall in your downtown core. Take a bow, Ottawa.

"I would think across the country that most people don't even know what the Chaudiere Falls are," said Ken Gray, publisher of the popular city blog The Bulldog.

The falls, where a whitewater tempest of the Ottawa River cascades over terraced rocks, has been dammed for hydroelectricity and is also blocked by dozens of empty buildings left over from the lumber and pulp and paper era.

Now, however, there's finally a plan to pull back the industrial curtains — part of a long-awaited urban renewal in a capital that's not had a serious update since Canada turned 100.

By itself, the "Zibi" development is compelling — residential and commercial buildings on 15 hectares of prime real estate, with the hydroelectric turbines buried underground to create new public viewing space for the falls.

But it's just one of several major projects that will change the look of Ottawa over the next 10 to 15 years.

There's a light-rail system planned, with underground stations downtown; a new city art gallery and central library; a fancy new glass entrance and atrium for the National Arts Centre; and maybe even a new downtown hockey arena.

It follows Lansdowne Park, a seven-hectare entertainment district beside the Rideau Canal that's home to a renovated football stadium, and the tulip-shaped, glass-fronted convention centre in the heart of downtown.

"With the exception of the investment of the PanAm games in Toronto, on a per capita basis, our city is going to see more dollars into renewal projects than any other city in the country," Mayor Jim Watson said in an interview.

> "It's a combination of public and private investment that we've never really seen in the history of our city to this extent."
>
> Jim Watson

At the Zibi project, which straddles the Ontario and Quebec sides of the river, developer Rodney Wilts walks with purpose through a labyrinth of musty, rusty old buildings.

Some indigenous leaders say the area, considered sacred by the Algonquins, should be returned to the First Nations and protected. Wilts argues the company has consulted with First Nations, including putting out a call for aboriginal tradespeople. It has won some support within that community.

Not far away is LeBreton Flats, where the National Capital Commission has unveiled the details of two bids vying to develop the land — both promising to build a new NHL arena.

Commission CEO Mark Kristmanson sees LeBreton as part of the "transformative" changes in the wider area just east of Parliament Hill, which includes the Zibi development and new pathways connecting islands in the Ottawa River.

"I would say in 10 years, it will be a city that's turned back towards its waterways from a long century of being turned away from it," Kristmanson said.

There's a buzz of construction activity around Parliament Hill, too. Several major buildings are being renovated — fitting, since the precinct was a full-on construction site when it opened for business 150 years ago.

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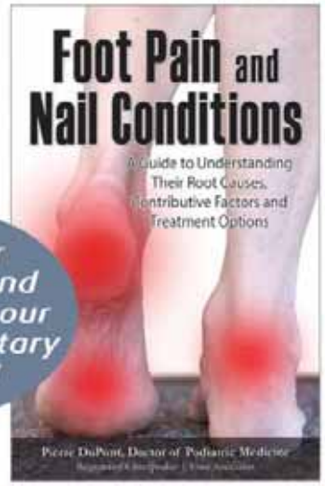
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A glimpse into Ottawa's future

Artist's renderings offer a preview of what's in store for the nation's capital

CREDITS: IMAGE 1: NATIONAL CAPITAL COMMISSION; IMAGE 2: DIAMOND SCHMITT ARCHITECTS; IMAGES 3 AND 4: ARCOP/ FOURNIER GERSOVITZ MOSS & ASSOCIATES; IMAGES 5 AND 6: BUILD GREEN SOLUTIONS.

1 The National Holocaust Monument, one of many projects on the go.

2 A revitalized National Arts Centre.

3 Parliament, from the outside. The West Block will be retrofitted to accommodate the House of Commons.

4 Parliament, from the inside.

5 Albert Island, part of the "Zibi" development.

6 Booth Street, looking toward Board Mill, part of the "Zibi" development.

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DOWNTOWN DEVELOPMENT

Committee approves height for tower projects

Haley Ritchie
Metro | Ottawa

Two separate downtown tower projects received height approval at planning committee on Tuesday, reflecting Chair Jan Harder's comments that 2016 will be a big year for downtown development.

Both projects aim to revitalize forgotten areas in the downtown core, one at Rideau Street and Chapel and the other at Sparks Street and Bay Street.

It was not the first time the committee had seen FoTenn Consultant's two-tower condo project on Rideau Street and Chapel Street but several changes were made to the project.

After feedback from city staff and the public, the developer reduced the height of both towers from the original 32-storeys and 27-storeys. The proposal now has both towers sitting at 25-storeys.

The revised project also includes a park, above-ground parking has been moved underground, and there has been a reduction in the number of units.

The city's plan for Rideau Street, approved last December, caps the maximum building height for the area at nine stories but councillors voted to allow an exception.

A second project at 350 Sparks St. and 137 Bay St. that includes one condo tower and one hotel tower also received approval from the committee.

Morguard plans to demolish the existing hotel and three-story apartment building and construct a new 27-storey hotel and 23-storey apartment building with retail at the base.

"This is a part of the downtown that needs rejuvenation and it's getting it," said Somerset ward Coun. Catherine McKenny, while acknowledging that there are still concerns around parking and lack of grocery stores in the area.

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Ontario Finance Minister Charles Sousa announced new details about the province's Ontario Retirement Pension Plan on Tuesday. FRED CHARTRAND/THE CANADIAN PRESS

Pension plan details released

RETIREMENT

ORPP timeline is 'aggressive': Chamber of Commerce

Ontario released more details of its proposed provincial pension plan Tuesday, saying it can't wait years for a national consensus on improving the Canada Pension Plan.

The Ontario Retirement Pension Plan will offer a maximum $12,816 a year for about four million workers in the province who don't have a workplace pension, and would be on top of the CPP benefit, which has a maximum of $13,110 a year.

Finance Minister Charles Sousa said a lot of people expected Ontario would abandon its plans for a provincial pension plan after the federal Liberals — who are open to improving benefits under the CPP — won the October election.

But after a December meeting with his counterparts from across the country, including federal minister Bill Morneau, Sousa said any improvements to CPP are years off so Ontario will go on its own without waiting for the other provinces.

The ORPP will cover up to $90,000 in pensionable earnings, compared with $54,900 for the CPP, and unlike the CPP will offer lump sum payments to spouses if a member dies before retirement. If a plan member dies after retirement, the spouse would be offered a survivor benefit equal to 60 per cent of the member's adjusted pension.

Plan members with no spouse when they retire can designate a beneficiary who would be entitled to a full pension with a 10-year guarantee period, or whatever portion of the 10 years that remains after the plan member dies.

The Ontario Chamber of Commerce calls the timeline for starting the provincial pension "very, very aggressive," and says it will require a "herculean" effort on the part of government and large employers to get it implemented in time. THE CANADIAN PRESS

IN BRIEF

Stittsville barn on the move
The 19th century Bradley-Craig barn in Stittsville is on the move. Passionate debates over the fate of the barn lasted more than three hours at a committee meeting on Tuesday.

Councillors finally voted 7-2 to allow developer Richcraft to move the heritage barn to Sanders Farm. METRO

Students to vote on U-Pass
Carleton University's summer students could get discounted transit if they vote to expand the U-Pass program. The Carleton University Students Association will host a referendum Feb. 8 and 9 to decide if students taking more than one credit between May and August should get a semester pass. METRO

‘Today is a good day’

CHILD WELFARE

New hope for the indigenous population in tribunal ruling

The federal government discriminated against children on reserves in its funding of child welfare services, the Canadian Human Rights Tribunal said in a landmark ruling Tuesday.

The quasi-judicial body published its findings nine years after a complaint from the Assembly of First Nations and The First Nations Child and Family Caring Society of Canada, which argued the federal government failed to provide First Nations children with the same level of services that exist elsewhere.

In the decision, which is considered legally binding, the tribunal found First Nations are adversely impacted by the services provided by the government and, in some cases, denied services as a result of the government’s involvement.

Assembly of First Nations National Chief Perry Bellegarde looks on as **Cindy Blackstock speaks about discrimination against First Nations children in care**, during a news conference in Ottawa, Tuesday. ADRIAN WYLD/THE CANDIAN PRESS

“The panel acknowledges the suffering of those First Nations children and families who are or have been denied an equitable opportunity to remain together or to be reunited in a timely manner,” the ruling said.

Cindy Blackstock, executive director of the The First Nations Child and Family Caring Society of Canada, said the decision marks a great day for First Nations children and for Canadians who believe in justice and fairness.

She is urging the federal government to take immediate action, adding she will be watching to see how Prime Minister Justin Trudeau responds, given his commitment to implement all 94 recommendations from the Truth and Reconciliation Commission.

> **“We need to make sure these children get what they need immediately.**
> Cindy Blackstock

The commission, which spent six years documenting the painful residential school legacy, called on all levels of government to reduce the number of aboriginal children taken into care by providing adequate resources for communities and child-welfare organizations.

The Liberal government was not surprised by the ruling, said Wilson-Raybould, noting it is committed to acting on the child welfare issue and to working toward a nation-to-nation relationship with Canada’s indigenous peoples.

“This is a good day,” she said.

THE CANADIAN PRESS

Oxford dictionaries ‘sexist’: PhD student

Is Oxford Dictionaries perpetuating sexist stereotypes?

That’s the question asked by Memorial University of Newfoundland PhD student Michael Oman-Reagan, who has criticized the dictionary’s use of what he calls “explicitly sexist” examples.

Michael Oman-Reagan CONTRIBUTED

The word rabid, for example, comes with the usage example “rabid feminist,” according to the entry at OxfordDictionaries.com, while grating is explained with the phrase, “her high, grating voice.”

Oman-Reagan, an anthropologist, also critiqued the examples used for words that don’t need to be gendered, such as housework (“she still does all the housework”), shrill (“the rising shrill of women’s voices”) and psyche (“I will never really fathom the female psyche.”)

“When Oxford editorially selects example sentences reproducing sexist stereotypes, they are making implicit, prescriptive statements about gender and language,” he wrote in a recent post at Medium.com.

TORSTAR NEWS SERVICE

IN BRIEF

Group seeks policy reform

A group of LGBTQ Conservatives, LGBTory, want the party to change its stance on marriage equality and they’re asking interim leader Rona Ambrose for help.

That policy, re-affirmed in 2013, argues parliament, not the courts should define marriage. METRO

Terry Fox’s father falls ill

Terry Fox devoted his life to raising money for cancer research and now his father has been diagnosed with the disease. The family announced Tuesday on the Terry Fox Foundation website that 80-year-old Rolland Fox, known as Rolly, was recently diagnosed with lung cancer. THE CANADIAN PRESS

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IN BRIEF

3 charged for loose lion
Three people have been charged with public endangerment after a lioness escaped from a home in Dubai and prowled the streets for hours. It's illegal to keep endangered or threatened wildlife as pets in the United Arab Emirates, except for the ruling family or anyone with a permit. THE ASSOCIATED PRESS

Shots fired at Navy centre
Military authorities responded Tuesday to a report of gunshots at a building on the campus Naval Medical Center San Diego. THE ASSOCIATED PRESS

Weather in East goes south
After high temperatures last week, residents of Thailand are now dealing with chill. Much of the rest of Asia was also shivering. In Hong Kong, the mercury dipped to its lowest in six decades. Some of southern China got record-breaking low temperatures in many places. In Vietnam's capital, Hanoi, the temperature dropped to 5.4 C, the lowest since 1977. THE ASSOCIATED PRESS

REFUGEE CRISIS

Denmark will keep seizing valuables

Danish lawmakers voted Tuesday to let police seize valuables worth more than $1,500 from asylum-seekers to help cover their housing and food costs while their cases are being processed.

After more than three hours of debate, the minority Liberal Party government's bill was adopted in an 81-27 vote, with the support of the opposition Social Democrats and the anti-immigration Danish People's Party — Denmark's two largest parties. Seventy lawmakers were absent.

Amendments were made, including raising the value of items asylum-seekers can keep from 3,000 kroner ($440) to 10,000 kroner ($1,500). That brings it in line with welfare rules for Danes, who must sell assets worth more than 10,000 kroner before they can receive social benefits.

Denmark received about 20,000 asylum-seekers last year, one of the highest rates per capita in the EU. "We are talking about a real exodus," said Martin Henriksen, immigration spokesman for the populist Danish People's Party. "More needs to be done: we need more border controls. We need tighter immigration rules."

Stephane Dujarric, spokesperson for the UN secretary-general, criticized Denmark, saying people who make the effort to reach Europe "should be treated with compassion and respect" and with full rights as refugees.

Two small centrist parties and two left-leaning groups opposed the law and attacked the government for tightening immigration laws. THE ASSOCIATED PRESS

GERMANY

Germany proposes creating up to 500,000 short-term jobs to help Syrian refugees survive in overburdened Mideast host countries, the minister for economic cooperation said during a visit to Jordan. Germany would initially contribute 200 million euros and would ask other donors to contribute.

Rodrigo Fructuoso, 4, cuddles his baby sister Isabela in northeastern Brazil. Isabela was born on Nov. 4, 2015 with microcephaly, a rare neurological condition where babies have small heads and incomplete brain development. CONTRIBUTED

Thiago Fructuoso, a petroleum engineer living in northeastern Brazil, cradles his daughter, Isabela. CONTRIBUTED

One Brazil family's haunting diagnosis

DISEASE

Mother's Zika virus followed by microcephaly

Last spring, weeks after moving home to Brazil, Larissa Fructuoso developed a rash, like "red needle points on the skin."

She and her husband Thiago worried — they were three months pregnant — but it passed and the rash was forgotten.

It was months later that they realized a mosquito's bite may have changed their baby's life forever. "(We got) a microcephaly diagnosis," said Thiago, a 31-year-old engineer. "The first reaction of the doctor was to ask us: did we get Zika virus?"

Zika is a virus spread by mosquito and first identified in Uganda in 1947. Since emerging in Brazil last spring, the virus has exploded across the Americas, spreading to at least 22 other countries and territories.

The symptoms tend to be mild and it's estimated just one in four people show signs of infection. There is no vaccine or treatment.

Microcephaly is a condition where babies are born with small heads and incompletely formed brains. It had never been linked to Zika until doctors started noticing a dramatic rise in babies with brain malformations.

When Larissa became sick, the couple's first fear was dengue, a potentially fatal disease also spread by the aegypti. The Zika diagnosis was actually a relief and Larissa recovered after three days.

"My friends living here ... they said 'That's OK. Everybody got Zika here,'" Thiago said. "It's not a big deal."

Later, with the microcephaly diagnosis, Larissa cried for days. The couple had no idea what it would mean for their baby.

Some babies with microcephaly grow up to have normal intelligence and development. Others suffer serious developmental delays, dwarfism or seizures. Dr. Gustavo Malinger, an expert, said babies he saw faced severe mental handicaps with "no chances of intellect."

As Larissa's due date approached, doctors prepped them for the worst. On Nov. 4, 2015, Isabela was born with no major problems. Her head circumference was 31 centimetres — just shy of the 32-centimetre threshold set by Brazil's health ministry in their definition of microcephaly.

"My wife cried again," Thiago said. "It was real now and it was here."

Some doctors say Isabela's brain shows signs of malformation and will never reach the final stages of development. Others say it's too early to predict.

Isabela is developing normally for a three-month-old. She is crying, laughing and smiling — all good signs. TORSTAR NEWS SERVICE

4,000
Number of microcephaly cases since late October.

What's being done to address the diseases

1 **Vaccines**: The U.S. is beginning research into a vaccine for Zika. However, vaccine development typically takes years.

2 **Troops**: Brazil's health minister says the country is sending some 220,000 troops to battle the mosquito blamed for spreading microcephaly — but he also says Brazil is "badly losing the battle against the mosquito."

3 **Flights**: Latin America's largest airline says it's waiving cancellation or flight-change fees for pregnant women who want to cancel flights to countries where Zika is present.

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Varmints still rustling cattle

ALBERTA/SASKATCHEWAN

Stealing on the rebound as livestock prices spike

It's not the Wild West but there are still low-down varmints stealing cattle and reaching into the pockets of ranchers in Alberta and Saskatchewan.

Cattle rustling has been around for ages and police say it is on the rebound in the heart of Canada's cattle industry, driven largely by ranch hands stealing livestock at a time when prices are high.

"It's still a problem today. It's like any other property, if there's value to it people are going to steal it. In recent years the value of cattle has approximately doubled," said RCMP Cpl. Christian Reister, one of Alberta's two livestock officers.

The value of that cow grazing out in the field can range from $1,500 to $2,000 apiece, which makes them particularly attractive to thieves.

Reister, 45, said the number of missing cattle in Alberta rose from 575 in 2014 to 600 in 2015. Saskatchewan's numbers for last year aren't available but there was a sizeable jump from 600 in 2013 to 1,000 in 2014.

"Some of those stats in the increase in Saskatchewan can be attributed to producers paying a little closer attention to their assets and watching their numbers a little closer," said Reister.

The investigations are tough. Looking for a cattle rustler today isn't that much different than it was 50 years ago.

"I think there are a lot of producers who often have a few heads taken and they don't know," Reister said.

"It's some of the most difficult investigations that we do. We look for tire impressions, we look for footwear impressions, we look for gateways that are cut so at this stage in 2016 really our investigations haven't changed any."

Reister said if cattle are stolen police usually don't need to go much further than local cowhands or neighbours. "They're inside jobs primarily — employees — some of them are neighbours. In some cases they just live close to the individuals but in all cases they are people who do have knowledge of handling cattle," he said.

1 Cattle at the Strathmore Stockyards in Strathmore, Alta. 2 RCMP Cpl. Christian Reister, right, and Livestock Identification Services field supervisor Gary Guichon at the Strathmore Stockyards. 3 Branding irons hang on a fence at the Strathmore Stockyards.

ALL PHOTOS: JEFF MCINTOSH/THE CANADIAN PRESS

"It would be pretty intimidating for someone from the city that's never had an experience handling cattle to carry out that type of theft."

Making investigations even harder is the fact only about half of producers now burn their individual brands onto the sides of the cattle. It used to be an industry norm but without it rustlers have an easier time getting away with the crime.

Gary Guichon of Livestock Investigation Services, a private company contracted by the Alberta government to do cattle inspections, says cattle without brands automatically raise suspicions.

"Most livestock inspectors have local knowledge so in most cases they will have an idea of the guy bringing the cattle in," said Guichon, who has been inspecting brands for 34 years.

THE CANADIAN PRESS

IN BRIEF

Ford recalls pickups

Ford is recalling about 391,000 Ranger pickups because the driver's air bag inflators can explode with too much force and cause injuries. The recall covers 2004 through 2006 model years.

THE ASSOCIATED PRESS

Hilton eyes budget brand

Hilton is launching a new brand, focusing on budget travellers looking to spend $90 to $100 a night. Tru aims to compete with economy and midscale chains like Comfort Inn.

THE ASSOCIATED PRESS

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metro VIEWS
Your essential daily news
Wednesday, January 27, 2016

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION

I've never been a racist before, but I am now. It's 99.9 per cent foreigners in my neighbourhood. All the original Canadians have moved away. I feel hate and anger towards these people, and I can't deal with it. It would be very hard for me to move.

Dear Ellen,

I am a 68-year-old Canadian woman who has never been a racist before, but am now and don't know how to deal with it. I moved to northeast Calgary 15 years ago. Then a quarter of the people here were East Indians and Pakistanis but didn't bother me, but now it's 99.9 per cent foreigners and all original Canadians have moved away. Now I feel hate and anger towards these people and can't deal with it. It would be very hard for me to move.

Ivy, Calgary

Dear Ivy,

I suspect you have always been a racist but never had to admit it because you were hitherto surrounded mainly by people of your own ethnic group. Fortunately, for you and our troubled society, you're now fully aware of your racism and you want to address it.

Let's start by acknowledging a simple fact. Racism is not innate. It's passed on by ignorant people who are motivated by fear and hatred. It's like the good or bad table manners we learn through both instruction and example: If we're raised by gross, nasty, hateful pigs who don't care about anyone else as they greedily storm the trough, it's no surprise the next generation of pigs is going to be just as rude.

But for piglets who are exposed to more civilized behaviour, there's always hope for improvement. And, if your heart's in it, any one of us can improve at any age. The fact that you, Ivy, say you "can't deal with" your unpleasant feelings of "hate and anger" tells me you are motivated to change. So here's how to start.

I don't doubt you feel isolated and off-kilter because your neighbours seem strange.

First, work on thinking more clearly. For example, when you say your neighbourhood is "99.9 per cent foreigners and all original Canadians have moved away," I suspect you're making the classic racist mistake of equating "Canadian" with people of a certain skin colour and presumed ethnic background, and "foreign" with people of a different skin colour and presumed ethnic background.

But that's not how it works. As you can see from my photo, I'm white, as were my dirt-poor immigrant maternal grandparents (who, coincidentally, settled a few miles outside Calgary, northeast of your own northeast hood). In other words, for all their pale pasty complexions and flaxen-blond hair, my Caucasian Gramps and Granny were never "original Canadians." Similarly, though many racists disqualify darker-skinned peoples from native-Canuck eligibility, I doubt even the most racist Calgarian would dare label the Blackfoot tribes, who've been living for at least 10,000 years in what is now called Alberta, as "foreigners."

So your hierarchy of citizenship, and the colour-coded rubric that underlies it, is no excuse for racism. In fact, there is no excuse for racism. You know it's wrong. That's why you wrote the letter.

I don't doubt you feel isolated and off-kilter because your neighbours seem strange to you. Their language, appearance, manners, the food they eat — it's human nature to feel threatened by things we don't understand.

But it's how we react that separates us from the pigs at the trough of Canada's bounty.

One solution is to make the strange familiar. Make an effort to meet a new neighbour and share a cuppa or a meal. If you're uncomfortable approaching strangers, contact a local group or religious community or write a letter to your mayor, Naheed Nenshi (an original Canadian who was born in Toronto), to ask for help in making contact.

It probably won't be easy. But it's bound to be easier than moving away, assuming you could even find and afford a safe, racist enclave full of people like you.

Thanks for writing, Ivy. It's always good for all of us to re-examine any racist impulses we might have, and I wish you luck in your future non-racist endeavours.

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD

metroview

Something must change post-Yatim. Why not the law?

Canadian police officers who kill people in the line of duty don't tend to go to jail.

So when a jury convicted a Toronto police officer of attempted murder this week, the city's police union head called it a "chilling" message to officers. Media claimed the verdict would reverberate across the country.

But for criminal lawyer John Struthers, the ruling underlined something else entirely, something he's been advocating: the need for a new criminal charge aimed at police, which he'd call "police officer using excessive force, causing death."

"There has to be a change in the law if we're going to adequately supervise and discipline police officers," he said.

The verdict is being called a compromise between clearing Toronto Const. James Forcillo of all charges in the shooting death of Sammy Yatim and finding him guilty of the worst of them — second-degree murder. Forcillo is the 11th Ontario police office charged with manslaughter or second-degree murder since 1990 — and all the rest were cleared.

This seeming middle ground — a conviction of attempted murder — is based on the Crown's arguments that even if Forcillo was justified in the first bullets he shot at Yatim, a young man wielding a knife on a streetcar in 2013, he was not justified in subsequent bullets fired after the teen was already on the ground.

The verdict signifies what should already be blatantly clear: The public's trust in police is waning. Both Toronto's mayor and police chief used the ruling to point to the need for police reforms. Clearly, something must change. And why not the law itself?

The new law Struthers envisions wouldn't include the same minimum sentences of a second-degree murder charge, leaving sentences completely to the judge's discretion.

Such a law would put the onus on society to define excessive use of force and state explicitly that police can be held culpable for it when it results in someone's death, Struthers argued.

In the Yatim case, the family is also suing Forcillo and the police force. But Struthers doesn't think the civil option is enough.

I agree. The jury may well have reached for some middle ground in dealing with police misconduct, and so should the Criminal Code. Murder does seem a severe charge for officers to face for actions they took on the job, especially a job defined by unpredictability and danger. But the power they wield cannot go unchecked. Society increasingly won't stand for it, and neither, apparently, will juries.

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metro LIFE
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Wednesday, January 27, 2016

Tired of parents wearing PJs and slippers, an English principal wants a dress code for adults dropping their kids off at school.

Your guide to Africa's regional dishes

EATING

A comfort food crash course in time for the dead of winter

It's finally feeling more like winter. Our stomachs are craving the warm and comforting flavours of African cuisine: slow-cooked meats spiced with vibrant paprika and turmeric; stews made of one of the few vegetables currently in season: onions; and vegetarian-friendly meals that are good for the body and the wallet in the new year.

To ease you into African cooking 101, here is a short introduction to the different regional cuisines of the continent, and spice blends to flavour your meats and vegetables.

North Africa

Countries include: Egypt, Tunisia, Algeria, Libya, Sudan, Morocco

Cooking here is highly influenced by Middle Eastern and European cuisine. Falafels made from fava beans rather than chickpeas are a staple in Egyptian street food; couscous is a must-have on Moroccan menus; and Arabic favourites like baklava and shakshouka are found in Tunisia. Staple ingredients include lamb, eggplant, beans and honey, similar to what you'd find in the Mediterranean.

What's unique is the tajine, a cone-shaped earthenware pot used to slow-cook meaty stews over hot coals (think a very early version of the Crock Pot). Tunisia is also home to harissa, a fiery garlicky chili paste that's popping up on menus this year.

Horn of Africa

Countries include: Eritrea, Somalia, Ethiopia, Djibouti

The horn refers to the peninsula that juts out to the east coast of Africa, and is the region that most Canadians associate with African cooking thanks to our obsession with stews sopped up with injera, the Ethiopian spongy and tangy flatbread made from a nutty and tiny red grain called teff.

Ethiopian and Eritrean cuisines are similar given that Eritrea was once part of Ethiopia: Both are heavy on hearty meat and vegetable stews served with injera but Eritrean cooking also incorporates tomato sauces (it was once under Italian colonization). Berbere is the quintessential spice blend made from a dozen spices including fenugreek, coriander, peppercorn, cardamom, allspice, nutmeg and cinnamon. It's used to add a fiery, oniony kick to dishes such as doro wot (chicken stew) and tibs (spicy fried beef).

East Africa

Countries include: Kenya, Uganda, Tanzania, Rwanda, Burundi, Madagascar, Mozambique, Comoros, Mauritius

The eastern coast of Africa includes more than a dozen countries that run along the Indian Ocean, in addition to the nations that make up the Horn of Africa.

Ugali is one of the most common dishes you'll find here, particularly in Kenya. It's a smooth and thick porridge made from cornmeal or millet that diners roll into little balls to go with nyama choma (roasted meat marinated in curry spices). If you want something fried, try mandazi, a crispy fried bread served by street vendors that's like the region's answer to doughnuts. Mozambique's cuisine has a mix of Portuguese flavour as piri piri sauce is a common condiment and is best exemplified in Galinha à Zambeziana: chicken cooked in coconut milk and piri piri sauce.

West Africa

Countries include: Senegal, Nigeria, Burkina Faso, Ghana, Sierra Leone, Ivory Coast

It's hard to narrow down the cuisine of 16 nations and territories, but there are some commonalities. Root vegetables such as cassava form the basis of fufu, a starchy ball of cooked dough originating in Ghana but widely eaten in the region. It's pretty bland to eat by itself so it's served as a side to soups and stews. Peanuts are a big part of many dishes as it's a major crop of Senegal including maafe, a popular spicy peanut stew of fish or meat with vegetables. Fish is also big given its proximity to the Atlantic.

Central Africa

Countries include: Central African Republic, Chad, Democratic Republic of Congo, Zambia

The food of Africa's heartland is similar to its neighbouring western region: cassava and plantains are made into fufu as a side for grilled meats, while chicken and okra are added to peanut stews.

In Bangui, the capital of the Central African Republic, there is a heavy French influence due to colonization in the late 1800s, so baguettes can be found as well. A staple in Zambia is nshima, a thick porridge made from ground corn meal that can be sweetened with milk for breakfast, or rolled into a starchy ball as a side like fufu. Ifisashi, another Zambian dish, consists of leafy greens like collards or spinach cooked in a peanut sauce.

South Africa

Countries include: South Africa

Given its long history of colonization and trade routes, the food of this region is shaped not only by natives, but also the Dutch and the British, along with Southeast Asia. Indigenous people cooked with pumpkin and beef while the arrival of the Dutch East India Trading company in the 18th century brought in slaves from Southeast Asian Nations, which brought the influence of curries and sambals, a pungent condiment made from chilies, shrimp paste, vinegar and fish sauce. The Dutch sausage, verse worst, is the ancestor to the more popular South African boerewors, a sausage typically containing a mix of beef and pork and spiced with a mix of coriander, nutmeg, allspice and cloves. Serve that at a barbecue with pap, a traditional polenta-like side made from ground corn served alongside soups and meats, and chakalaka, a spicy relish made from a mix of baked beans, carrots, tomatoes, chilies, and curry powder.

TORSTAR NEWS SERVICE

CONTINENTAL CUISINE

Culinary regions of Africa

At just over 30 million square kilometres, Africa is the second largest continent and second most populous with 1.1 billion people. A history of colonization dating back to ancient times from countries now known as Greece, France, Britain and Portugal, made a lasting impression on traditional dishes. In short, there's a heck of a lot of variation in local cooking and major regional variations in flavour. TORSTAR NEWS SERVICE

Fufu, a starchy ball of cooked dough often made with cassava flour, originated in Ghana but is eaten throughout West Africa. Pictured above: doro wot and injera. TORSTAR NEWS SERVICE

AMAZON

Woody Allen casts Cyrus in new series

Cyrus is making her return to TV in Amazon series. GETTY IMAGES

Woody Allen has an unlikely new female star: Miley Cyrus.

Cyrus will star in Allen's not-yet-titled Amazon series, a spokeswoman for Cyrus confirmed. The head-spinning casting combines the 80-year-old filmmaker with the 23-year-old former Disney star.

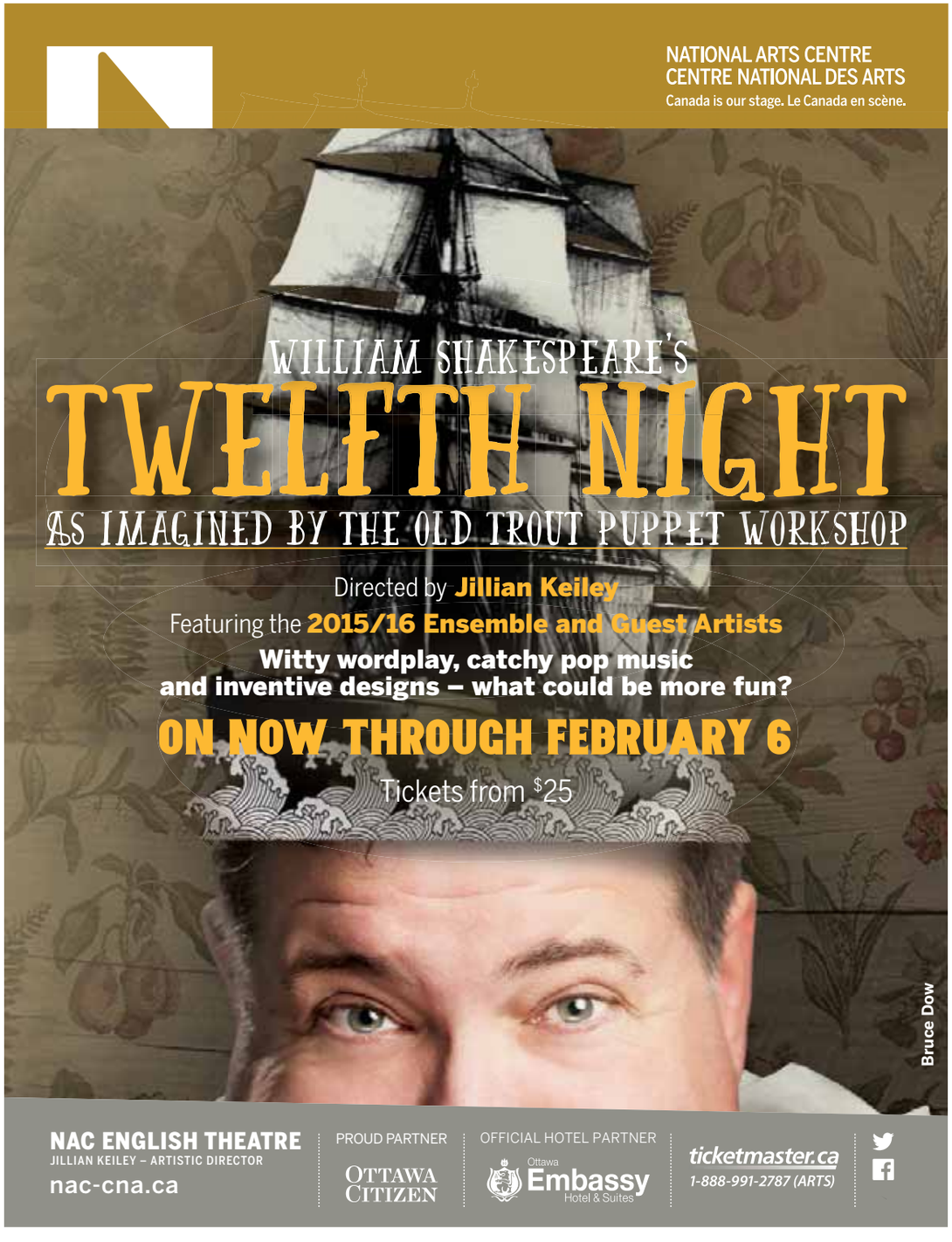
Cyrus will star alongside Elaine May in the six half-hour episodes planned to run this year.

On Instagram, Cyrus posted a painting of Allen that she said had been beside her bed for years.

Cyrus wrote that she was "looking into his eyes when I got the call to be a part of the cast."

Allen has previously voiced regrets about his first foray into streaming television. At the Cannes Film Festival in May he called it "a catastrophic mistake."

THE ASSOCIATED PRESS



JOHANNA SCHNELLER
WHAT I'M WATCHING

Emotions soar on reality show

Host of CBC series Dale Curd interviews people in arrivals and departures, resulting in heartfelt honesty. COURTESY CBC

THE SHOW: Hello Goodbye, Season 1, Episode 1 (CBC)
THE MOMENT: The Honesty

At Toronto Pearson International Airport, host Dale Curd interviews a shaggy-haired guy in a yellow T-shirt. He's waiting for his wife, who's been away a month.

"What do you miss about her?" Curd asks.

"Her sitting in her usual chair, or getting out of the tub," Shaggy answers. (The tub! Gotta love him for that.)

Next thing you know, Shaggy is crying. His dad died from Parkinson's, he says. He should have visited him more, "but I was selfish, and I didn't want to see it." He shakes his head.

"I have to reach out more, talk about it. It's been a trying time. I'm working through it."

When his wife arrives, she's a perfectly pretty brunette. Shaggy dashes to her side. He looks happy.

I admit, when I first heard about this reality show, I was in hysterics. People talking in airports? That's what the once-towering CBC has come to?

But after watching a single half-hour episode, I think it's destined to be a multinational franchise, for two reasons: People are desperate to talk. And they're surprisingly articulate when they get the chance.

No disrespect to Curd's ability to choose subjects and draw them out; that can't be easy. But the speed at which regular Joes go from saying "Nice to meet you" to sharing their deepest joys and sorrows is something to behold.

Maybe airports bring out people's vulnerability. But I suspect it's more that we're rarely asked, with compassion, about ourselves. The planes fly. The floodgates open.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

GOSSIP BRIEFS

B.o.B believes Earth is flat

Rapper B.o.B went on a Twitter tirade about how he believes the earth is flat, and we're all being duped by NASA and the government.

Then the world's coolest astrophysicist, Neil deGrasse Tyson, stepped into the fray to try to talk some sense into the rapper, which was an ill-advised move on his part. B.o.B then released Flatline via Soundcloud, a weirdly paranoid track that calls out Tyson, NASA and the Masons.

I must say, propagating a rap beef with Neil deGrasse Tyson kind of makes me like B.o.B more, despite the idiocy.

NED EHRBAR/METRO

Report on Paris couture

Dior, left, featured embroidered silk gowns with "sensual, bare" accentuated shoulders in their show this week. At Chanel, right, a glimmering cape in lame and chiffon on model-of-the-minute Gigi Hadid added to the magical vibe. ALL PHOTOS GETTY IMAGES

Highlights from this week's SS 2016 collection shows

DIOR

Past remixed

Dior's first couture show since Raf Simons left took place on Monday — designed by "the studio," the house said.

In the clothes, the "spontaneous, relaxed Parisienne of today" mixed with the iconic styles of the 1940s and 1950s.

High-cut post-War shoes with occasional retro ankle bows accessorized embroidered silk gowns in freestyle volumes, often with "sensual, bare" accentuated shoulders. A couple of flapper-style lace, chiffon and tulle look also evoked the joyful feeling of the 1920s.

The studio team also set about experimenting with the famed bar jacket. It came in myriad forms: in tight, embroidered black wool, loose and white, open to expose the breast sensually, oversized and masculine, or as a beautiful dark navy wool coat.

There were also traces of the musings of past creative directors.

CHANEL

Eco couture

It was delicate couture magic with a hint of reality for Chanel. The sports-infused display saw sparkling smooth oval shoulders and curved collars define the silhouette on fastidiously embroidered gowns and skirt suits.

This curved esthetic — apparent also in oversize bulbous chignons, curved cork platforms and unusual double-eye makeup — was inspired by the 1932 cubist sculpture Head of a Woman by Pablo Picasso.

But this was very much a contemporary collection —an ecology-themed show that incorporated sustainable fabrics and took inspiration from the natural world.

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Offer available at participating Ontario retailers, while quantities last. ‡3.99% purchase financing for up to 96 months available on select new 2016 models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Example: 2016 Patriot Sport 4x2 (25D) with a Purchase Price of $16,495 with a $0 down payment, financed at 3.99% for 96 months equals 208 bi-weekly payments of $93 with a cost of borrowing of $2,800 and a total obligation of $19,294.60. ≈Non-prime financing available on select models on approved credit. 4.99%/6.99% financing available on select 2016 models. Financing examples: 2016 Jeep Patriot Sport 4x2/2016 Jeep Cherokee Sport FWD with a Purchase Price of $16,495/$26,175 financed at 4.99%/6.99% over 84 months, equals 182 bi-weekly payments of $108/$182 with a cost of borrowing of $3,082/$6,999 and a total finance obligation of $19,577.15/$33,173.53. Some conditions apply. 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metro DRIVE

Your essential daily news

Can't miss these at the mall: Jerry Seinfield auctions off three porsches

A small crossover that's big on sass

ROAD TESTED

THE CHECKLIST | 2016 MAZDA CX-3

THE BASICS

Type. Five-door, five-passenger, FWD or AWD, subcompact crossover
Power. 146-hp 2.0-litre I4
Transmission. Six-speed automatic
Price. Base $20,695 (plus destination)

COOL FEATURES

- Great driver's seat adjustability accommodates a wide variance in driver sizes.
- Adaptive headlights points low beams in the direction the driver intends to travel.
- Full suite of safety systems available, including brake support, blind spot monitoring, and lane departure warning.

MAZDA CX-3 PHOTOS: MIKE GOETZ/FOR METRO; ALL OTHERS CONTRIBUTED

MARKET POSITION

- Subcompact crossover based on the same platform as the Mazda2.
- Fast growing segment, popular with young couples and families, and empty nesters.
- As per Mazda's brand promise of zoom-zoom, one of the more lively vehicles in its segment.

POINTS

- Named AJAC's Best New SUV/CUV under $35K for 2016.
- Available in both FWD and AWD versions, the latter specially developed to retain lightness.
- High-tech engine features direct injection and high compression.

THE COMPETITION

Chevrolet Trax
Base price: $19,495

Nissan Juke
Base price: $20,698

Honda HR-V
Base price: $20,690

REVIEW

Mazda CX-3 feels like a tall hatchback with AWD

Mike Goetz
For Metro Canada

Small crossovers are hot sellers, and more and more nameplates are joining the segment. Mazda's entry in this segment — the CX-3 — is more fun to drive than most.

This is not surprising, however, as it is not that far removed from the sporty Mazda2 hatchback it is based on. Actually, in dimensions and intent, the CX-3 is more like a tall hatchback with AWD, than a more legitimate attempt at a subcompact crossover, as exemplified, for example, by the likes of Kia Soul or Jeep Renegade.

But maybe you like your crossovers flavoured this tidy way? I do. The combination of a compact and perky engine, taught handling, and relatively light overall weight, translate to a car, err crossover, that is just plain great to drive.

Doesn't look too bad either, inside or out. The interior features a lot of different textures and colours and feels anything but subcompact. Mazda's consul-mounted controller is not my favourite way to navigate the infotainment sphere, but at least Mazda Connect is standard on all CX-3 models, to facilitate voice commands, and internet connectivity.

The Mazda2 origins mean the CX-3 is somewhat narrow and short. Wide people might be looking for more elbowroom up front, while people with any kinds of legs will look for more legroom in the back.

If you can do without all-wheel drive, the Mazda3 Sport (the hatchback) might be a better bet for families who prioritize interior space.

The CX-3's all-wheel-drive system is an all-new system that prioritizes weight saving. Mazda says it's about 20 percent lighter than its larger platform AWD systems. It keeps the vehicle in FWD until the front wheels start the slip, and then automatically engages the rear wheels.

When testing this vehicle in the off-road portion of the AJAC Car of the Year evaluations, I was expecting the CX-5's limited ground clearance to hold it back somewhat, and it did, but was surprised at how well it did otherwise in the dirt, and with considerably less body jiggling than the other competitors — a lower centre of gravity and lighter weight will do that for you.

Like most of its competitors, the CX-3 is fitted with tires more suited for communing than going through hill and dale, and would be the first thing you would need to upgrade if you're expecting your CX-3 to climb mountains.

All in all, the CX-3 is a success. It's not perfect but has a defined personality. Those who are drawn to this kind of crossover personality will like it a lot.

LOCAL MOTORS

3-D printed car in the works

Arizona-based Local Motors could become the first company to bring a 3-D-printed electric car to market. The dune buggy-styled LM3D Swim demonstrates 3-D printing's speed and adaptability, as well as Local Motors' "form over function" styling ethos that they swear by. Since the car is 3-D-printed, one-off body shapes pose no obstacles.

TEXT AND IMAGE BY WHEELBASE MEDIA

IN BRIEF

Chinese-billionaire-backed company invests in electric

A new company from China wants to merge connectivity and cars into one: A Chinese-billionaire-backed company says it will invest $1 billion US in an American factory to assemble a line of electric vehicles. Bankrolled by Jia Yueting, a company named Faraday Future, based in Gardena, Calif., says it will build cars starting in 2017. Bloomberg news service quotes former Tesla director, now Faraday's senior vice-president of research and development, saying it will introduce its first car in two years and follow with a line of seven different vehicles. Nick Sampson said unlike current electric-vehicle makers, Faraday Future's business model isn't dependent solely on selling cars themselves, but includes unprecedented connectivity and autonomous-driving capabilities. He envisions "a rolling smart phone ... the revenue starts once you get the device in the owners' hands." AFP

From car racing to helping the Worst

CANADA'S WORST DRIVER

Reality TV instructor borrows from his experiences

The 11th season of Canada's Worst Driver recently wrapped up, but it's already calling for candidates for a new season. That means Philippe Létourneau has more work ahead of him.

As the program's high-speed driving instructor, it's his job to teach the bad drivers on the show how to safely handle a vehicle. It's one of many tasks he does as a driver trainer, a skill he took directly from his previous career as a race driver.

"I was born watching my dad race," Létourneau says. "My dad was a rally driver. They drove to the race so I could see my dad's race car from my window in front of me on the street."

Born in Montreal, Létourneau got into racing go-karts at 10 — the minimum age allowed in Quebec. As a teenager, he enrolled in a racing school run by Canadian champion Richard Spenard. He learned to work on the cars as well as drive them, trading his labour against his racing expenses.

Philippe Létourneau on the set of Canada's Worst Driver, where he tries to teach the participants how to handle a vehicle properly and safely. COURTESY DISCOVERY/BELL MEDIA

But Létourneau credits his parents for his success.

"My parents gave me a break by paying my rent and food," he says. "But my dad was honest. He said, 'The odds (of making a living racing) are not on your side, but we'll try to do our best.' "

Létourneau raced in Canada, the U.S., and Europe, in such series as Formula 2000 Touring Cars and Rolex Daytona Prototypes, among others, earning more than 40 podium finishes. Ultimately, though, he knew his father was right. "You could count on 10 fingers the Canadian racers that really made a living just from racing," he says. "I started coaching at the racing school, and with a bit of luck and a lot of hard work, it became my job. I discovered it was great helping people. I knew I wouldn't make Formula 1, but I loved the sport, and there was a chance of making a living if I focused on teaching."

Through his company, PLB Autosport, Létourneau provides a variety of services, from one-on-one teaching to the work he does for such programs as BMW winter driver training and the Ferrari Driving Experience. He's also trained members of Quebec's provincial police force and worked with automakers and tire companies on product development.

> **"I'm one of the guys who lost somebody from a car accident.**
> Philippe Létourneau, on the importance of safe driving

His television career started when he was filmed as part of a news report on the Canadian Grand Prix. Then came Star Racer, a 2006 reality show where amateur drivers competed in weekly events to earn the show's top title. Létourneau was the chief instructor at the track they were using, and the producers decided to put him in the show.

"I'm the one who went around the country to look for these Canadian stars," he says. "I thought the show was great, but there were no big ratings, and they pulled the plug after eight episodes. I was sad, because it was directly touching me to find young stars and push them up the ladder."

He was less than enthusiastic when Canada's Worst Driver came calling.

"I'm going from looking for the best driver in the country to the worst?" he says. "And I was on the high end, with Ferrari and BMW, and I didn't know if it would be good for me. But then it got personal."

Létourneau had a cousin who had been like a brother to him, but who died in a car crash at the age of 33. He saw the value in training the show's participants and in getting the safety message out to a wider audience.

Nothing's scripted, and the drivers really are as bad as they look, he affirms. "I try to keep my poker face, but sometimes, my head is spinning," he says. "They'll do something, and I'll think, yeah, that'll be on the show."

He enjoys being recognized in public by the show's fans, but it's really all about teaching.

"I'm one of the guys who lost somebody from a car accident, and it touches real people with real impact," he says.

"If you educate people about safe driving, you'll get safer drivers and safer roads."

TORSTAR NEWS SERVICE

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DETROIT AUTO SHOW

From dashboards to dashing dresses

Models in formal dresses made from Inteva's Inteather strutted on a pop-up catwalk in Detroit. COURTESY INTEVA

One auto supplier is taking the term "ready to wear" to a whole new level.

Inteva Products commissioned a fashion designer to produce four gowns using the same thermoplastic material the maker of engineered components and systems places in the instrument panel surfaces of some General Motors vehicles. The results were on display during a recent pop-up fashion show at the North American International Auto Show in Detroit.

Four models outfitted with formal dresses made from Inteva's Inteather strutted along a carpeted area. The models strutted by GMC Yukon and Sierra vehicles, both of which feature instrument panel surfaces made of the thermoplastic olefin material, while dumbfounded attendees stared. Inteather has the appearance of leather, but Inteva says it weighs less, lasts longer, and is recyclable.

THE ASSOCIATED PRESS

IN BRIEF

GM debuts car-sharing, 'personal mobility' brand

General Motors said late last week it was launching a U.S. car-sharing service under a new "personal mobility" brand dubbed Maven.

GM said Maven, which will compete with services such as Zipcar, was operating in Ann Arbor, Mich., with the initial focus on serving the University of Michigan campus.

It will be expanded to major U.S. cities later this year, GM said in a statement. The U.S. auto giant said Maven will be a key part of its strategy to meet evolving transportation needs in a more tech-connected society.

GM previously announced an investment in ride-sharing service Lyft, and the acquisition of assets from another sector rival, Sidecar.

"GM is at the forefront of redefining the future of personal mobility," said GM president Dan Ammann.

On the Maven website, GM was offering mid-size vehicles for $8 US an hour or $56 US a day, including fuel costs. AFP

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GT model shown

GT models shown

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zoom-zoom

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*Up to $1,250/$1,500/$2,000 lease bonus cash available to be applied as a discount on MSRP available on lease only (through Volkswagen Finance, on approved credit) of select new and unregistered 2016 Golf 1.8T Highline / Jetta 1.8T Highline, 1.4T Comfortline, GLI or Hybrid / Tiguan Highline 4MOTION® models. Discount varies by model. **Limited time lease offer available through Volkswagen Finance, on approved credit, on select new and unregistered 2016 models. Example based on 2016 Jetta 1.4T Trendline (#163VF1) base model with 5-speed manual transmission. $1,605 freight and PDI included in monthly payment. 36-month term at 0% APR with monthly payments of $217. $1,000 lease bonus cash has been applied in monthly payments shown. $0 down payment, $270 security deposit and first monthly payment due at lease inception. Total lease obligation: $7,812. 48,000-kilometre allowance; charge of $0.15/km for excess kilometres. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end February 1, 2016 and are subject to change or cancellation without notice. Models shown: 2016 Golf 1.8T Highline, $29,495 / 2016 Jetta 1.8T Highline, $27,995 / 2016 Tiguan 2.0T Highline R-Line, $39,993. Vehicles shown for illustration purposes only and may include optional equipment. Visit vwoffers.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Golf", "Jetta", "Tiguan", "TSI", "Highline" and "4MOTION" are registered trademarks of Volkswagen AG. © 2016 Volkswagen Canada.

Winterlude celebrates what's cool about cold

FESTIVAL

Popular event has been warming spirits since 1979

Jen Traplin

After a relatively mild start to the season, winter has finally arrived, just in time for the National Capital's annual winter celebration, Winterlude.

The 38th edition of Winterlude runs from Jan. 29 through Family Day on Feb. 15. Created back in 1979, Winterlude celebrates the country's northern climate and culture through fun activities for the whole family.

There will be plenty to do during the 38th edition of Winterlude. Kicking off on Friday and running until Family Day, this popular celebration of everything winter features outdoor activities, music, culture and food. CANADIAN HERITAGE

Crystal Garden Confederation Park

This year's theme at the Crystal Garden is "Discover Canada's Flora and Fauna." Check out the spectacular array of ice sculptures, including the renowned International Ice-Carving Competition, and stick around after dark when Confederation Park transforms into a funky outdoor space filled with live music from emerging Canadian artists, including A Tribe Called Red, Whitehorse and Terra Lightfoot.

Snowflake Kingdom Jacques-Cartier Park

The Snowflake Kingdom in Jacques-Cartier Park is the biggest snow playground in North America, boasting giant snow slides and sculptures.

Snowflake Kingdom also features:

- Ice Hogs — Winterlude's furry mascots.
- Inuit Circle with Nunavut Sivuniksavut.
- XTREME Zone with dogsledding, zip lining, ATVing for kids and a winter merry-go-round.
- Family entertainment on the Snowflake Stage, with special performances by Shilvi and Atchoum.

Rideau Canal Skateway

The Rideau Canal Skateway is the world's largest, naturally frozen skating rink. More than 900,000 people skate on the Rideau Canal every year. During Winterlude, the Rideau Canal Skateway will host a number of events, including:

- CIBC Skate for the Cure
- Annual Winterlude Triathlon
- Annual Accora Village Bed Race
- Library and Archives Canada presents Let Them Howl: Images From 100 Years in the Women's Rights Struggle

For a full calendar of events, visit winterlude.ca.

CAN'T-MISS WINTERLUDE EVENTS

Kick-off Celebration, featuring Gregory Charles
Friday, Jan. 29 at 7 p.m.
Crystal Garden, Confederation Park

29th Annual Crystal Garden International Ice-Carving Competition
Friday, Jan. 29 through Sunday, Jan. 31
Crystal Garden, Confederation Park

33rd Winter Triathlon
Saturday, Jan. 30 at 8 a.m.
Rideau Canal Skateway

Sub-Zero Concert Series featuring Canadian artists
Fridays and Saturdays at 7:30 p.m.
Confederation Park

Snowtime! 3D Animation Experience
Friday, Feb. 12 through Monday, Feb. 15 | Snowflake Kingdom, Jacques-Cartier Park

PREPARATION

Plan for fun and weather

Winterlude comes but once a year so make sure you and your family make the best of it and plan ahead.

This time of year, it's not uncommon for Ottawa Public Health (OPH) to issue frostbite advisories. To ensure your family is warm and safe during Winterlude, OPH offers these tips:

- Wear a hat, gloves, mittens and scarf to prevent heat loss and protect yourself from frostbite.
- Drink warm fluids.
- If you start to sweat, try to cool off. Wet clothes encourage cold weather injuries.
- Wear layers, including moisture wicking material, which moves moisture away from skin.

On top of your winter weather gear, you'll also need to bring along other essentials:

- Skates — if you don't have your own skates, you can rent some from Capital Skates near the National Arts Centre or near Fifth Avenue.
- A backpack — perfect for stashing your boots while you skate on the Rideau Canal. Keep a plastic bag or two in there as well to wrap wet boots or clothing.
- Cash — you'll want a bit of money on hand for a tasty BeaverTails pastry or hot chocolate.

To avoid any hassle (and the many road closures in place on both sides of the Ottawa River) use the OLG Sno-Bus to shuttle your family between the three official Winterlude sites. OC Transpo and the Société de transport de l'Outaouais will provide the shuttle service linking the Rideau Canal Skateway, Confederation Park and Jacques-Cartier Park.

The OLG Sno-Bus is free on weekends and Family Day.

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BAL DE NEIGE
PARTENAIRE
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BLIZZARD
Snow'Art
Snow Sculptures in the ByWard Market, Various locations
1st Annual ByWard Market Server Games
Clarence Street, Sunday, Jan. 31, 1 p.m. - 4 p.m.
Teams from ByWard Market restaurants, bars, and cafés
compete for the title of server champions!
25th Annual Stew Cook-Off
55 ByWard Market Square, Friday Feb. 5, 11:30 a.m. - 2 p.m.
All you can eat stew for $10 at the door!
All proceeds going to charity
Stew Cook-Off Weekend Edition
At participating ByWard Market restaurants
Friday Feb. 5, 5 p.m. - 9 p.m., Saturday Feb. 6 noon - 4 p.m.
ByWard Beats
ByWard Garage, 70 Clarence Street loading bays
Fridays and Saturdays during Winterlude
Jan. 29 and 30, Feb. 5, 6, 12, and 13, 7 p.m. - 10 p.m.
Shake off the cold and get into the groove
with local DJs in this urban space!
Family Day & Hot Chocolate Tasting
Monday, Feb. 15
The ByWard Market is open for Family Day!
Try out our hot chocolates & vote for your favourite
11 a.m. - 2 p.m., 55 ByWard Market Square
More Winterlude events and specials in the ByWard Market:
TheByWardMarket
ByWardMarketBIA
bywardmarket
www.byward-market.com
3,100 parking spaces in the ByWard Market

The finished products light up Winterlude. CANADIAN HERITAGE

Carvers bring out the art in the ice

COMPETITION

Amateurs and experts create stunning sculptures

Jen Traplin

Every year, professional and amateur ice carvers alike descend on the Nation's Capital for Winterlude's renowned ice carving competitions in the Crystal Garden at Confederation Park.

"This year, for the 29th Crystal Garden International Ice-Carving Competition, we have 12 countries and three categories – one-block, solo and duo," says Canadian Heritage spokesperson Katherine Cyr.

For the amateurs, there is the Public Ice-Carving Challenge, open to anyone 18 or older. Each participant is provided with all of the necessary tools, and sculptors from the Canadian Ice Carvers' Society will be on hand to help out with the chainsaw.

Jeremy Kezub competed in the public challenge three years ago. Now, he's hooked on ice carving.

"I was an engineer and I kind of got a little bit tired of sitting in front of computers all the time so I thought I would do something a bit more tactile and this is the appropriate thing to do in a long winter," he says.

Kezub is a member of the Canadian Ice Carvers' Society and is part of the team of volunteers working on the three big ice installations that aren't part of the competition.

With the forecast (so far) looking ideal for Winterlude, Kezub admits both he and organizers are optimistic conditions will be favourable, but says there are always backup plans, just in case.

"We can cover for a bit of rain but if it snows or gets really cold, there's always something to do – brush off the snow and get back to work or just be more careful with the ice when it's really cold and brittle."

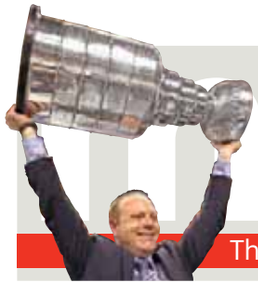
For more information, or to register, visit winterlude.ca.

It takes skill, precision and a cool demeanour to produce the high-quality ice sculptures at Winterlude. CANADIAN HERITAGE

THE DETAILS

Ice-Carving Competition
This Friday from 11:30 a.m. to 11 p.m.; Saturday from 8 a.m. to 11 p.m.; Sunday, from 8 a.m. to noon
Awards ceremony is Sunday at 5 p.m.

Public Ice-Carving Challenge
When: Sunday, Feb. 7 from 10 a.m. to 2:30 p.m.
Awards ceremony is at 3:30 p.m.



metro SPORTS

The Blackhawks have given a three-year contract extension to GM Stan Bowman that runs through the 2020-21 season

Teeing up lofty goals

LPGA

Henderson's season begins Thursday in Bahamas

Canadian golfer Brooke Henderson is coming off a breakthrough rookie season. She's hoping to build off it as she aims for bigger things in 2016 and beyond.

"I'm looking to get a few more wins on the LPGA Tour and hopefully a major championship within the next couple of years," Henderson said. "I know that requires a lot of hard work and improvement on my behalf and a solid week (at each event). But I know it's possible and I'm just looking forward to getting the chance to do it."

Henderson will begin her season this week at the Pure Silk Bahamas LPGA Classic. The $1.4-million US tournament begins Thursday at the Ocean Club Golf Course on Paradise Island.

As a 17-year-old without full-time status, Henderson had an unpredictable first half of the season last year. She often had to rely on sponsor exemptions and qualification rounds to enter tournaments.

Things changed last August when she blew away the field at the Cambia Portland Classic to win her first LPGA Tour event by eight strokes. Henderson was immediately given full Tour membership and can now play a full schedule without the hassle of chaotic travel plans and the grind of qualifiers.

"I want to go out and make a good name for myself and see if I can make a long career out of it," Henderson said in a recent interview.

After spending the holiday season in her hometown of Smiths Falls, Ont., Henderson has spent the last few weeks preparing for the season at the Indigo Lakes Golf Club in Daytona Beach, Fla.

Henderson rocketed over 200 spots in the world rankings last year before settling at the No. 18 position. She's hoping improvements to her short game will help get her into the top 10.

"I want to make sure that around the green I'm very consistent," she said. "Especially against the top (players) in the world. They're so good. Over the last couple of years, I've noticed that if I could improve a little bit, it's definitely around the green. So I've been working hard on that and just getting my mental game up to where it should be."

Canadian women's national team coach Tristan Mullally has worked with Henderson over the last four years. He thinks one of her strongest assets is that she's not limited to one particular style — she can remain consistent regardless of the course.

"More variety of shots. She is powerful. She's not one of the longest hitters in the game but she's consistently in the right place in the fairways," he said. "Her overall length compared to the others is probably very close to the top 25 or 30 in terms of length. But she's higher (with her) accuracy."

THE CANADIAN PRESS

> **After the season I had last year, I know anything is possible.**
> Brooke Henderson

Brooke Henderson won't have to deal with qualifiers this season. LUCAS OLENIUK/ TORSTAR NEWS SERVICE

PLAYING FOR HER COUNTRY

Henderson is a virtual lock to represent Canada when golf makes its return to the Olympic program at the Summer Games in August.

"Rio is definitely one that really stands out," Henderson said of the tournaments this season. "Being able to play in the Olympics and represent your country is an unbelievable experience that I'm really excited for."

RIO OLYMPICS

Ex-sailing CEO: I was fired for trying to change venue

The former CEO of World Sailing says he was fired for pushing to get rid of polluted Guanabara Bay as the sailing venue of the Olympics in Rio de Janeiro.

Peter Sowrey tried to change the venue, or at least have a "B plan" but says "I was told to gag myself on the subject."

Sailing is still scheduled to begin in August in the sewage-filled bay.

Sowrey proposed moving the event to Buzios, a coastal resort about 160 kilometres from Rio that has been host to large sailing events.

THE ASSOCIATED PRESS

France in way of Canadian basketball team qualifying

Canada's men's basketball team will have to knock off No. 5-ranked France to earn a berth in this summer's Rio Olympics.

The Canadians will play in a last-chance qualifying tournament in Manila, July 4-10, where they'll also face Turkey (No. 8), New Zealand (21), host Philippines (28), and Senegal (31).

No. 26-ranked Canada, drawn Tuesday in Group A with Turkey and Senegal, needs to win the tournament to earn a berth in Rio.

Canada was relegated to the last-chance qualifier after finishing third at the FIBA Americas tournament in September.

THE CANADIAN PRESS

WOMEN'S SOCCER

Herdman injects a healthy dose of youth into national team

Christine Sinclair is one of seven holdovers from the bronze-medal winning team at the 2012 Olympics. GETTY IMAGES FILE

While not dismissing the first three teams Canada will face at next month's Women's Olympic Qualifying Championship in Texas, coach John Herdman acknowledges it all boils down to Game 4.

A win in the semifinal and Canada is headed to Rio, looking to add to the bronze it won in heroic fashion four years ago in London.

Herdman has retooled his squad for the Olympic qualifier, shedding 10 members of his 23-woman World Cup roster last summer for a trimmed-down 20-player roster.

> **Adding pace around players like Sinclair is absolutely crucial to give the space that she needs to operate.** John Herdman

Captain Christine Sinclair and six other veterans of the 2012 Olympic team remain for the Feb. 10-21 qualifier. But Herdman has infused youth into the squad with seven players 20 years old and under.

Players range in age from 16-year-old midfielder Deanne Rose to 34-year-old forward Melissa Tancredi.

Playing in Group B, 11th-ranked Canada opens against No. 89 Guyana on Feb. 11 before facing No. 48 Trinidad and Tobago on Feb. 14 and No. 76 Guatemala on Feb. 16.

Group A play, featuring the top-ranked Americans, takes place in Frisco outside Dallas.

The top two teams in each group play in the crossover semifinals Feb. 19 with the winners booking their ticket to Rio de Janeiro as representatives of North and Central America and the Caribbean. The championship game goes Feb. 21.

"The game we have to be freshest for is Game 4," Herdman told a media conference call Tuesday. "Whether that's the U.S., Costa Rica or Mexico. We have to get through the other games and put ourselves in a good position to be at our best for that fourth game."

THE CANADIAN PRESS

Canada's young guns offer future hope

Bianca Andreescu and Charlotte Robillard-Millette were two of the top-ranked players going into the junior women's Australian Open. GETTY IMAGES

TENNIS

High-seeded juniors poised for breakout at Aussie Open

Growing up in Quebec City, Felix Auger Aliassime learned to play from his father, a tennis instructor who had emigrated from Togo in West Africa. It wasn't until he saw Roger Federer and Rafael Nadal play their classic Wimbledon final in 2008, though, that he fell in love with the game.

"I was like, yeah, this is what I want to do," he said. "That inspired me a lot." Auger Aliassime is well on his way. Now 15, he is playing in his second Grand Slam junior tournament, seeded fourth in the boy's singles at the Australian Open.

It's a big moment for him — and his country. Canada, a growing hotbed for tennis, also has several promising juniors in the girl's draw, the result of a new approach by Tennis Canada to develop talent through a system of national training centres across the country, increased investment and the recruitment of elite coaches. Eight years after the first — and largest — training centre opened in Montreal, the program is starting to show results. Not only have Milos Raonic and Eugenie Bouchard established themselves in the pro ranks, there's also a group of talented younger players rising through the ranks.

Two Canadian girls are ranked in the top 10 in juniors — 15-year-old Bianca Andreescu, who is the top seed at Melbourne Park and through to the third round; and 17-year-old Charlotte Robillard-Millette, who was seeded third but lost in the first round.

> **I want to become No. 1 in the world.**
> Bianca Andreescu

And last year, Auger Aliassime became the youngest player ever to win a match at the Challenger level on the ATP Tour and the first player born in this millennium to hold an ATP ranking (he's now No. 737 in the world).

"We were known for hosting great tournaments," Sylvain Bruneau, the Canadian Fed Cup captain, said of his country's old tennis reputation. "But we were a poor nation at the elite level and in our representation at Davis Cup, Fed Cup, Grand Slams and stuff like that."

"So we really wanted to change that and put the structure in place," he added. "There was a change in philosophy in how we were going to go about things." Auger Aliassime, who is 6-foot-2 (1.88 metres) and still growing, is one of the products of the new system.

Andreescu lived part-time in her parents' native Romania as a young child before being accepted at the national training centre in Toronto when she was 10. She now works with Nathalie Tauziat, a former French pro who reached the Wimbledon final in 1998. Robillard-Millette, meanwhile, trains in Montreal under Ralph Platz, who formerly coached Bouchard. A left-handed baseliner with a fiery demeanour on court, she credited the program with giving her everything she needed to develop her game.

For Tennis Canada, the investment could pay off soon because all the young Canadians have big ambitions. "I want to become No. 1 in the world," Andreescu said, "And win as many Grand Slams as possible." THE ASSOCIATED PRESS

MATCH-FIXING

Review of Tennis Integrity Unit due following reports

Responding to reports that possible evidence of match fixing was not properly investigated, tennis' governing bodies are setting up an independent review of the sport's anti-corruption group, a person familiar with the plans tells The Associated Press.

The person spoke on condition of anonymity because the review of the Tennis Integrity Unit had not yet been announced.

The official word is supposed to come at a news conference on the grounds of the Australian Open on Wednesday. ATP Executive Chairman and President Chris Kermode, International Tennis Federation President David Haggerty and Wimbledon Chairman Philip Brook are scheduled to attend. Those three are members of the Tennis Integrity Board. THE ASSOCIATED PRESS

NFL

Super Bowl could be Manning's swan song

Peyton Manning isn't saying that Super Bowl 50 is his grand finale. He's just saying it could be.

NFL Network cameras caught the exchange between Manning and New England coach Bill Belichick after Denver's 20-18 win over the Patriots in the AFC championship game on Sunday.

When they embraced, Manning leaned in and told Belichick, "Hey listen, this might be my last rodeo. So, it sure has been a pleasure."

Belichick responded, "You're a great competitor ..."

Neither spoke of their exchange afterward.

Earlier this month, Manning said, "I'd be lying if I said I'm not thinking about that," when asked if this could be it for him.

The five-time MVP's season ends Feb. 7 in the Super Bowl against Carolina. THE ASSOCIATED PRESS

5

Number of MVP awards Peyton Manning has won.

QB Peyton Manning of the Denver Broncos walks off the field after defeating the Patriots. DUSTIN BRADFORD/GETTY IMAGES

IN BRIEF

Ryerson basketball team earn first No. 1 ranking

The Ryerson Rams are finally No. 1. Ryerson's men's basketball team top the Canadian university rankings this week, marking the first time any Rams team in any sport has occupied the No. 1 spot. Ottawa dropped to No. 2. THE CANADIAN PRESS

Blue Bombers acquire veteran slotback Dressler

The Winnipeg Blue Bombers signed veteran slotback Weston Dressler on Tuesday. Dressler spent eight seasons with the Saskatchewan Roughriders before being released Jan. 14.

Dressler was a two-time CFL all-star with Saskatchewan and helped the franchise win two Grey Cup titles. THE CANADIAN PRESS

Ducks' Horcoff receives 20-game ban for doping

Anaheim Ducks forward Shawn Horcoff has been suspended for 20 games for violating the NHL's performance enhancing substances program.

The ban is accompanied by mandatory referral to the NHL/NHLPA program for substance abuse for evaluation. THE CANADIAN PRESS

Liverpool players celebrate as Joe Allen scores the decisive penalty in the shootout during the Capital One Cup semi final second leg against Stoke City. CLIVE BRUNSKILL/GETTY IMAGES

LEAGUE CUP

Liverpool into final on penalties

Liverpool beat Stoke 6-5 on penalties to reach the English League Cup final on Tuesday, with Joe Allen scoring the decisive spot kick in the second leg.

Stoke won the match 1-0 after extra time through Marko Arnautovic's first-half goal, and the semifinal finished 1-1 on aggregate. Both sides missed one of their first five penalties to take the shootout to sudden death. Marc Muniesa of Stoke saw his kick saved, and Allen converted high in the right corner before being mobbed by teammates.

Everton leads Manchester City 2-1 after the first leg of the other semifinal, which is completed on Wednesday. The final is at Wembley Stadium on Feb. 28. THE ASSOCIATED PRESS

TRANSFER

Former Arsenal, Man. City and Spurs striker Emmanuel Adebayor has signed for Crystal Palace until the end of the season in a bid to resurrect his career in the EPL. THE ASSOCIATED PRESS

RECIPE Basil and Sun-dried Tomato Crusted Salmon

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This intensely flavoured crust takes salmon to show-stopping heights. It's simple to make, but you're going to feel positively chef-y putting this on the table.

Ready in
Prep time: 10 minutes
Total time: 25 minutes
Serves 4

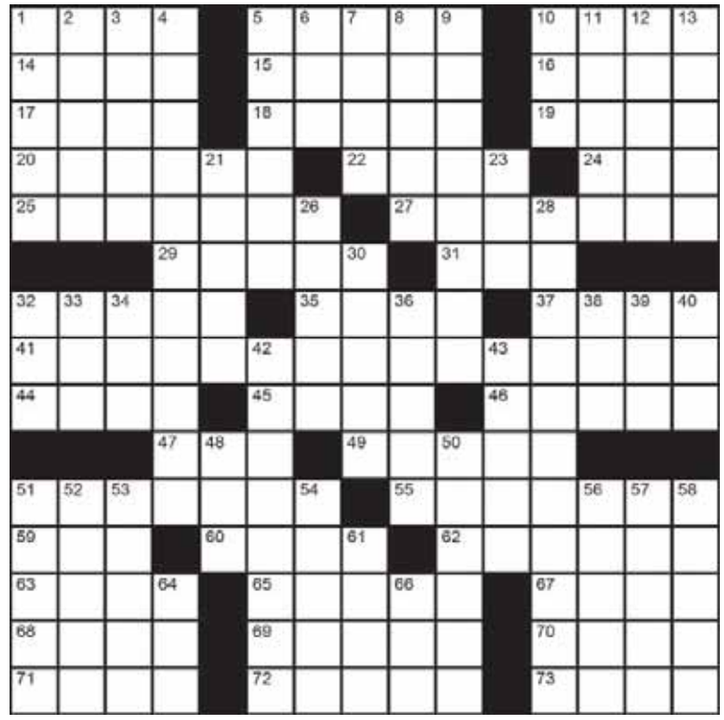
Ingredients
- 4 x 5 oz salmon fillets, skin on
- 1 cup chopped sun-dried tomatoes (not packed in oil)
- 3 cloves garlic
- 2 cups basil leaves
- Pinch of salt
- 1/4 cup olive oil

Directions
1. Preheat oven to 350 F.
2. In a food processor, add the sun-dried tomatoes and garlic and process until you have a rough chop. Add the basil, salt and slowly drizzle the oil in as you process until it reaches a rough paste.
3. Lightly oil a rack and place it over a baking tray. Place the salmon skin side down on the rack. Pat the tomato mixture on top of the salmon, forming a thick layer.
4. Place the salmon in the oven on the middle rack of the oven and bake for 15 to 20 minutes (a thick fillet may need more time), or until the salmon separates into flakes.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Fleece
5. Fast food restaurant order
10. E-Mail junk
14. Forearm bone
15. Farewell, in France
16. Ti-Cat's foe
17. NASA target in 1969
18. Style of earthenware
19. Lima's locale
20. Quickly rotating star
22. Brain's frontal _
24. Moray _
25. Carpet cleaning machine
27. Like the natural patterns of hardwood flooring
29. Ascends
31. Gremlin
32. Joseph _, 'Father of the Symphony'
35. Crosswords buffalo
37. "Which drive-_ _ you want to go to?" ...asked one retro movie-goer of another
41. Roadside attraction in Varney, Ontario which is the world's largest what?: 2 wds.
44. Classic TV mouse, _ Gigio
45. Make film cuts
46. Array
47. Mil.'s special _
49. Placed cargo onto the ship
51. Bridesmaid dress fabric
55. Brush aside
59. Montreal 'street'
60. Duchess of _ (Subject of Spanish painter Goya)
62. Hinder
63. Norse deity
65. Ancient column style
67. Decline
68. Fermented soybean paste
69. 'N' of TNT
70. Ripened, as cheese
71. Plant containers
72. Choral club songs
73. Longbow woods

DOWN
1. Water collectors in basements
2. Influence
3. Lizard variety
4. Style of building topper seen in historic French architecture, such as in Quebec: 2 wds.
5. Inner circles
6. John Keats specialty
7. Pepper _
8. Obscure
9. 1995 Donald Sutherland movie about a deadly virus
10. Exhaust
11. Primp
12. Harmonize
13. Humid spaces problem
21. _ acid
23. 'Ether' suffix (Airy/delicate)
26. Make 1 + 1 = 2 again
28. Hit for Canadian band Big Sugar that starts "Peace came to me...": 5 wds.
30. _-paced (Slow)
32. Brim locale
33. Flurry
34. Litter cry!
36. Group of eight
38. Grandma
39. Like, hippy-style
40. Iron _
42. Baby bird that hasn't yet left home
43. Toothpaste brand
48. Potpie piece
50. '70s night spots
51. Badly defeat
52. _ recording
53. Singer/songwriter Leslie born in Amherst, Nova Scotia
54. Bring to _ _ (Cookbook instruction)
56. Reflection
57. Brawn
58. Plant origins
61. Payment in poker
64. Un-yeses
66. Dublin's locale, for short

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Try not to get involved in other people's problems today — or they may become your problems too. On this occasion it's better if they learn how to take care of it themselves.

Taurus April 21 - May 21
You've worked long and hard to get where you are now — don't throw it all away by being impulsive. If you let your emotions get the better of you it could damage your credibility.

Gemini May 22 - June 21
The Sun in Aquarius endows you with limitless self-confidence, but you must not take things for granted. It would be easy to fall into the trap of believing that nothing can go wrong — but that's just when it will!

Cancer June 22 - July 23
You are capable of doing more. The right opportunity will come along at just the right moment. Take it easy and take your time and be ready to take your big chance when it arrives.

Leo July 24 - Aug. 23
Things that happened in the past have nothing to do with what is happening today, so stop harking back to "the good old days" and make today special and rewarding.

Virgo Aug. 24 - Sept. 23
Routine matters may bore you but it's important you do a good job on the task you've been assigned. Someone in authority is watching. If they like what they see you could soon be on the way up.

Libra Sept. 24 - Oct. 23
You will get a lot done in a relatively short space of time today. Social and romantic activities loom large over the next few days, so get on top of your work load now and devote the remainder of the week to having fun.

Scorpio Oct. 24 - Nov. 22
Partners and loved ones have been demanding and you are getting tired of having to be there for them 24/7. It won't be long before you can start making a few demands of your own!

Sagittarius Nov. 23 - Dec. 21
You may be somewhat annoyed that friends and loved ones are depending on you to get them out of a fix, but you will do it anyway. Be sure to reward yourself afterwards.

Capricorn Dec. 22 - Jan. 20
You got something wrong. Speak up now there will be no hard feelings and no financial repercussions. However, if you leave it for a day your apologies may not be accepted.

Aquarius Jan. 21 - Feb. 19
If there's an important decision to make then make it now, otherwise it will be taken out of your hands and given to someone who may not be sympathetic to your needs.

Pisces Feb. 20 - March 20
For quite some time you have been fearing the worst but over the next two or three days you will realize that the worst is unlikely to happen — and even if it does it won't be as bad as your imagination led you to believe!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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							9	1

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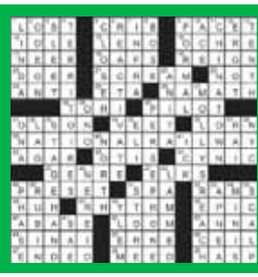
YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



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4	9	6	3	8	1	7	5	2
1	8	3	7	5	2	6	9	4
9	1	2	5	7	4	3	8	6
5	3	4	6	2	8	9	7	1
6	7	8	1	3	9	2	4	5

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